

SUGGESTED USE

Take 1 ml, hold in mouth for 15 seconds, and then swallow. Best taken on an empty stomach.

Use once daily in the morning or early afternoon, or as recommended by your healthcare provider.

TRIPLE B12 SUPPORT

Three bioactive forms of B12 for maximum absorption. Supports healthy energy levels, metabolism, and heart health.[†]

- ✓ Vegan-Friendly ✓ Gluten-Free ✓ Sugar-Free
- ✓ Alcohol-Free ✓ No Animal Testing

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

VITAMIN B12

*5,000 mcg from
Methyl, Adenosyl, and Hydroxo*

ENERGY, METABOLISM,
AND CARDIO HEALTH



US-ORG-030
1 FL OZ (29.6 ML)
DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 ml

Servings Per Container: About 30

	Amount Per Serving	% DV
Vitamin B12	5,000 mcg	208,330%
(as 60% methylcobalamin, 20% adenosylcobalamin, 20% hydroxocobalamin)		

Other Ingredients: organic vegetable glycerin, triple-distilled biophotonic structured water, ormus supercharged minerals

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Certified Organic by Natural Food Certifiers



B12-10Z-23v03

See bottle for best-by date and lot information.