## SUGGESTED USE

Take 1 capsule daily or as recommended by your healthcare provider.

## MENTAL HEALTH BALANCE

Lithium Orotate is a highly bioavailable form of lithium bonded with orotic acid for optimal cellular transport. Support a balanced mood, a clear mind, and a healthy response to stress.†

✓ Vegan-Friendly 
✓ Gluten-Free 
✓ No Animal Testing

WARNING: KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR HEALTHCARE PROVIDER IF YOU ARE PREGNANT OR NURSING; IF YOU TAKE AN SSRI, MAOI, OR OTHER SIMILAR MEDICATION; IF YOU HAVE KIDNEY PROBLEMS OR TAKE AN ACE INHIBITOR OR DIURETIC; IF YOU HAVE A THYROID CONDITION; OR FOR ANY OTHER CONCERNS.

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## OROTATE

10 mg Bioavailable Lithium

MOOD BALANCE AND CALM MIND







## Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 60

> Amount Per Serving

> > 10 mg\*

Lithium (from lithium orotate)

\* Daily Value (DV) not established

Other Ingredients: vegetable capsule (cellulose), organic gum acacia, organic rice hulls, ormus supercharged minerals

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See bottle for best-by date and lot information.

LOR-60-23v03

60 CAPSULES • DIETARY SUPPLEMENT