

Nutritional Shake

MEAL SUBSTITUTE

Rich in Whole Foods
Protein, Fiber, Omega-3
Essential Fatty Acid

CHOCOLATE

Low in Sugar

NEW &
IMPROVED

MAKES
30
SHAKES



leanology

THE SMART WEIGHT LOSS SYSTEM

NET WT. 21bs (908g)

Nutrition Facts

Serving Size 1 Scoop (30.3g)
Servings Per Container 30

Amount Per Serving	Amount per 8 oz. Water	% Daily Value with Water	Amount per 8 oz. Non fat milk	% Daily Value with Milk
Calories	95	†	181	†
Calories from Fat	4.33	†	10.33	†
Total Fat	0.38 g	1%	0.78 g	1%
Saturated Fat	0.11 g	1%	0.41 g	2%
Cholesterol	0 g	0%	5 g	2%
Sodium	64.46 mg	3%	191.46 mg	8%
Total Carbohydrates	6.04 g	2%	17.94 g	6%
Dietary Fiber	2.91 g	12%	2.81 g	10%
Sugars	2.89 g	-	14.89 g	-
Protein	16.71 g	34%	25.11 g	50%

Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Glutamic Acid	2690 mg
Aspartic Acid	1806 mg
Arginine**	1383 mg
Leucine**	1341 mg
Lysine**	1109 mg
Phenylalanine**	875 mg
Serine	841 mg
Valine**	808 mg
Proline	716 mg
Isoleucine**	714 mg
Alanine	697 mg
Glycine	657 mg
Tyrosine	620 mg
Threonine**	619 mg
Histidine**	269 mg
Methionine**	202 mg
Cysteine	168 mg
Tryptophan**	158 mg

**Essential Amino Acids (amount in 30.3g of powder)

Other ingredients: Protein matrix (pea protein isolate and rice protein concentrate), natural cocoa powders (dark & regular), fructose, xylitol, natural chocolate flavors, chia seed, erythritol, mesquite flour, nopal cactus, stevia, maltodextrin and sodium chloride.

Not to be used as a sole source of dietary calories. Consult your healthcare provider with any questions regarding your weight loss program.

Do not use if seal is broken.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Children, women who are pregnant or nursing, and all individuals allergic to any foods or ingredients should consult their healthcare provider before using this product. You should not stop taking any medication without first consulting with your healthcare provider.

Leanology Nutritional Shake – CHOCOLATE

Scientifically-formulated and physician-approved, Leanology Nutritional Shakes support your healthy weight loss in the following key ways.

The Ideal Meal Substitute	Leanology shakes help you lose weight since they contain far less carbohydrates, fat and calories than most normal meals (less than 5 g of sugar and 0.4 g of fat per serving).
Satisfies Hunger & Controls Appetite	These shakes contain specific ingredients that both satisfy your hunger and help control your appetite for hours.
Delicious and Quick & Easy	Leanology shakes taste great, plus they take only minutes to prepare.

Leanology Nutritional Shakes are the Great Weight Reducer

They help you... reduce calories... reduce meal prep time... reduce your weight!

Each serving provides*

- BALANCED CALORIES to help maintain energy
- Over 16 g of PROTEIN from "Heart-Healthy" pea, rice, chia, and mesquite
- DIETARY FIBER to support a healthy digestive system
- NUTRIENTS from the Sonoran Desert (nopai, mesquite, and chia) for energy & vitality

Directions: Add 1–2 scoops into 8 oz. of icy cold water or fat free milk, mix, blend or shake until smooth. Serving scoop included, but may settle to the bottom during shipping.

Suggested Use:

For weight loss – Enjoy one to two shakes a day as a meal substitute or as directed by a healthcare professional. For best results use in conjunction with the Leanology weight loss capsules. (1–2 scoops per serving)

For a snack in-between meals – Enjoy a shake as a healthy snack in-between meals. It's a delicious and healthy way to control your appetite and satisfy your hunger. (1 scoop per serving)

Storage Instructions: Reseal and store in a cool dry place. Do not refrigerate.

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Item # 30720 L1001-3