

Directions: Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store at 15-30°C (59-86°F).
MADE IN THE U.S.A.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SUPER B 100 BALANCED B COMPLEX

HELPS SUPPORT ENERGY & NERVOUS SYSTEM†



NO SUGAR, STARCH, WHEAT, MILK, ARTIFICIAL
COLORS, FLAVORS OR PRESERVATIVES

DIETARY SUPPLEMENT 60 TABLETS

Supplement Facts

Serving Size: 1 tablet

	Amount Per Serving	% Daily Value
Thiamin (as thiamin HCl)	100 mg	6,667%
Riboflavin	100 mg	5,882%
Niacin (as niacinamide)	100 mg	500%
Vitamin B6 (as pyridoxine HCl)	100 mg	5,000%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	100 mcg	1,667%
Biotin	100 mcg	33%
Pantothenic acid (as D-calcium pantothenate)	100 mg	1,000%
Choline bitartrate	100 mg	*
Inositol	100 mg	*
PABA	100 mg	*
Food Based Nutrients	0.6 mg	*
Alfalfa leaf, brewer's yeast, soy lecithin, parsley leaf, rice bran, watercress leaf		

*Daily value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, dicalcium phosphate, magnesium stearate, silica, croscarmellose sodium and pharmaceutical glaze. CONTAINS SOY.

Distributed by: Foods Plus™

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