

Suggested Use: Consume 1-4 scoops depending on your calorie and protein requirements. For each scoop, add 4-6 ounces of cold water, milk or your favorite beverage to a shaker cup or blender and mix for 30-45 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

650 CALORIE EXTREME MASS GAINER PROTEIN[†]

NO INFERIOR PROTEINS
NO ION EXCHANGE WHEY
NO PROPRIETARY BLENDS

NO PROTEIN SPIKING
NO BANNED SUBSTANCES
Made Without Gluten or Soy

BCAAs & AMINO ACIDS FOR MUSCLE SUPPORT

The protein value of 53 g is derived from whey protein concentrate (WPC80) and micellar casein only. Absolutely no ingredients have been added to spike protein values.

FULL-DISCLOSURE PROTEIN (Per Serving)

Whey Protein Concentrate(WPC80)	47.7 g	Delivering 37 g of Complete Protein
Micellar Casein	19.8 g	Delivering 16 g of Complete Protein

Per Serving: Maltodextrin (94.5 g) (long-chain polymetric fraction: <4% mono-disaccharides, 34% oligosaccharides, 62% hendecasaccharides or higher). MCT Coconut Powder (3.2 g). Digestive Resistant Maltodextrin (Fibersol2[®]) (5.4 g). natural flavor 1.2g, sucralose 85mg, salt 30mg.

CHECK. VERIFY. TRUST. View Independent Lab Results
CHECKMYSUPPS.COM

NO PROPRIETARY BLENDS | FULLY TRANSPARENT

SINCE 1996 MANUFACTURED IN OUR **GMP & FDA** INSPECTED FACILITY **MADE IN USA**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NUTRABIO

EXTREME MASS

HIGH PROTEIN & CARB MASS GAINER[†]

VANILLA
Naturally Flavored

15.8 Servings
Net Wt. 96 oz (6 lb) 2,722 g

PROTEIN & CARBOHYDRATE POWDER DRINK MIX
NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

Nutrition Facts

15.8 Servings Per Container
Serving Size **4 scoops (173 g)**

Amount Per Serving	Per 1 Serving (4 scoops)	Per 1/2 Serving (2 scoops)
Calories	650	320
Total Fat	6 g 8%	3 g 4%
Saturated Fat	4 g 22%	2 g 11%
Trans Fat	0 g	0 g
Cholesterol	145 mg 49%	73 mg 24%
Sodium	220 mg 10%	110 mg 5%
Total Carbohydrate	100 g 36%	50 g 18%
Dietary Fiber	5 g 19%	3 g 10%
Total Sugars	8 g	4 g
Includes Added Sugars	4 g 8%	2 g 4%
Protein	53 g 106%	26 g 53%
Vitamin D	10 mcg 50%	5 mcg 25%
Calcium	676 mg 50%	338 mg 25%
Potassium	420 mg 10%	210 mg 5%
Vitamin A RAE	1,500 mcg RAE 170%	750 mcg RAE 80%
Vitamin C	60 mg 70%	30 mg 30%
Vitamin E	14 mg 90%	7 mg 45%
Vitamin K	80 mcg 70%	40 mcg 35%
Thiamin	1.5 mg 125%	0.75 mg 60%
Riboflavin	1.7 mg 130%	0.85 mg 70%
Vitamin B3	20 mg NE 120%	10 mg NE 60%
Vitamin B6	2 mg 120%	1 mg 60%
Folic Acid	680 mcg DFE 170%	340 mcg DFE 80%
Vitamin B12	6 mcg 250%	3 mcg 125%
Biotin	300 mcg 1000%	150 mcg 500%
Pantothenic Acid	10 mg 200%	5 mg 100%
Phosphorus	435 mg 35%	218 mg 17%
Iodine	150 mcg 100%	75 mcg 50%
Magnesium	125 mg 30%	62 mg 15%
Zinc	15 mg 140%	7.5 mg 70%
Selenium	70 mcg 130%	35 mcg 60%
Copper	2 mg 220%	1 mg 110%
Chromium	120 mcg 340%	60 mcg 170%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
†Not a significant source of iron.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Other Ingredients: Maltodextrin, Whey Protein Concentrate (instantized with sunflower lecithin), Micellar Casein (instantized with sunflower lecithin), Digestive Resistant Maltodextrin (Fibersol-2), MCT Coconut Powder (medium chain triglyceride oil from coconut, soluble corn fiber, sodium caseinate, sunflower lecithin, silicon dioxide), Natural Flavor, Potassium Phosphate Dibasic, Magnesium Oxide, Sucralose, DL-α-Tocopheryl Acetate, Asorbic Acid, Zinc Citrate, Salt, Vitamin A Palmitate, Niacinamide, Copper Glycinate Chelate, Vitamin K1, TRACCS[®] Selenium Glycinate, Potassium Iodide, Chromium Nicotinate Chelate, Pyridoxine Hydrochloride, Thiamine mononitrate, Cholecalciferol, Methylcobalamin.

Contains: Milk, Coconut.

Manufactured by:
NutraBio Labs, Inc.
564 Lincoln Blvd.,
Middlesex, NJ 08846
(732-748-8606)

Processed in a facility and/or manufacturing line that also produces tree nuts, nuts and soy.

Do not use as a sole source of nutrition.

THIS PRODUCT IS SOLD BY WEIGHT NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED. SERVING SCOOP INCLUDED. (MAY SETTLE TO THE BOTTOM DURING SHIPPING.) STORE IN A COOL DRY PLACE.



Product filled to this level