

Directions: Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store at 15-30°C (59-86°F).

MADE IN THE U.S.A.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



B COMPLEX

FORTIFIED FORMULA

100% DAILY VALUE

HELPS SUPPORT NERVOUS SYSTEM†



NO SUGAR, STARCH, WHEAT, MILK, SOY,
ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

DIETARY SUPPLEMENT 60 TABLETS

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin B ₁ (as thiamin HCl)	1.5 mg	100%
Vitamin B ₂ (as riboflavin)	1.7 mg	100%
Niacin	20 mg	100%
Vitamin B ₆ (as pyridoxine HCl)	2 mg	100%
Folate (as folic acid)	400 mcg	100%
Vitamin B ₁₂ (as cyanocobalamin)	6 mcg	100%
Pantothenic acid (as D-calcium pantothenate)	10 mg	100%

Other Ingredients: Dicalcium phosphate, brewer's yeast, microcrystalline cellulose, stearic acid, croscarmellose sodium and magnesium stearate.

Distributed by: Foods Plus™
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