

BODYHEALTH™

MULTI COMPLETE™

Complete Multivitamin,
Mineral & Micronutrient Blend with
Full Spectrum Antioxidant Support*

Includes Liver Support, Methylfolate,
Chelated Minerals, Co Q10, Vitamin K2/D3,
Amino Acids & Whole Food Nutrition
in Bioavailable Forms*

DIETARY SUPPLEMENT - 120 TABLETS

Gluten, Dairy and Sugar Free • Paleo and Keto-Friendly

Supplement Facts

Serving Size: 4 Tablets Servings Per Container: 30

Amount per serving	DV†
Vitamin A (as Mixed Carotenoids).....1400 mcg RAE	160%
Vitamin C (as Ascorbic Acid).....800 mg	890%
Vitamin D3 (as Cholecalciferol).....125 mcg	630%
Vitamin E (as Mixed Tocopherols).....400 mg	2,670%
Vitamin K2 (as Menaquinone-7).....80 mcg	70%
Vitamin B1 (as Thiamine Mononitrate).....80 mg	6,670%
Riboflavin (Vitamin B2).....60 mg	4,620%
Niacin (as Niacinamide).....40 mg	250%
Vitamin B6 (as Pyridoxine 5-Phosphate).....80 mg	4,710%
Folate (Vitamin B9, as Calcium L-5-Methyltetrahydrofolate).....2,670 mcgDFE	670%
Vitamin B12 (as Methylcobalamin).....1,000 mcg	41,670%
Biotin.....200 mcg	670%
Pantothenic Acid (as D-Calcium Pantothenate).....80 mg	1,600%
Choline (as Choline Bitartrate & Choline Dihydrogen Citrate).....54 mg	10%
Calcium (as Calcium Citrate & Calcium Ascorbate).....100 mg	8%
Iodine (as Potassium Iodide).....200 mcg	130%
Magnesium (as Magnesium Citrate).....100 mg	25%
Zinc (as Zinc Amino Acid Chelate).....20 mg	180%
Selenium (as L-Selenomethionine).....200 mcg	360%

Amount per serving	DV†
Copper (as Copper Amino Acid Chelate).....0.8 mg	90%
Manganese (as Manganese Aspartate).....8 mg	350%
Chromium (as Chromium Polynicotinate).....200 mcg	570%
Molybdenum (as Sodium Molybdate).....100 mcg	220%
Potassium (as Potassium Aspartate).....80 mg	2%

Fruit & Vegetable Blend.....580 mg **

Sprouted Barley Juice, Wheat Grass Juice, Spirulina, Chlorella (broken cell wall), Lemon Bioflavonoids, Hesperidin, Apple Pectin, Broccoli, Rutin

Liver Detox Support Blend*.....440 mg **

Milk Thistle Extract (80% Silymarin), R Alpha Lipoic Acid, L-Cysteine, Schizandrae Fructus Extract, Dandelion Root Extract, L-Methionine, Glutamic Acid HCL

Heart, Brain & Eye Health Blend*.....214 mg **

Red Wine Proanthocyanidins & OPC, Beet Extract, Co Q10, Lutein, Lycopene, Boron (as Boron Aspartate & Boron Citrate), Zeaxanthin

Antioxidant & Immune Support Blend*.....148 mg **

Green Tea Leaf Extract, Rose Hips, Blueberry

Enzyme Blend.....80 mg **

Papaya Extract, Bromelain

Essential Trace Minerals & Micronutrients.....120 mcg **

Trace Minerals, Vanadium (as Vanadyl Sulfate)

† Percent daily Value (DV) based on a 2,000 calorie diet

** Daily Value not established

Other Ingredients: Microcrystalline Cellulose, Calcium Carbonate, Stearic Acid, Modified Cellulose, Silicon Dioxide and NutraPure™ (Certified Organic Coating)

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Directions: Take 4 tablets daily, 2 in the AM & 2 in the PM. Learn more or visit BodyHealth.com



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

