

Somesta® combines quality natural ingredients to combat occasional sleeplessness on a long term basis: compounds such as melatonin are commonly found in healthy people, however many individuals do not produce enough of these compounds, and as a result experience trouble falling asleep and sleeping through the night.†

The ingredients in Somesta® have been carefully balanced to complement each other and produce positive results in a relatively short time.†

Suggested Use: Take 1 capsule, one half hour before sleeping, preferably on an empty stomach.

Warning: If you are pregnant or lactating, consult a healthcare professional before using this product. **KEEP OUT OF THE REACH OF CHILDREN.** Store in a cool dry place. Do not use this product if the safety seal if the bottle is broken.

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VEGAN
GLUTEN FREE
NON-GMO

SOMESTA®

(melatryptophan) capsules

562mg

Promotes Restful Sleep†

60 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT
newtoneverett®

Supplement Facts

Serving Size: 1 Vegetarian Capsule
Servings Per Container: 60

	Amount Per Serving	%DV
Niacin (as inositol hexanicotinate)	5 mg NE	31%
Vitamin B6 (as pyridoxine HCl)	5 mg	294%
L-Tryptophan	500 mg	*
Chamomile Extract (flower)	25 mg	*
Valerian Extract (root)	25 mg	*
Inositol (as inositol hexanicotinate)	1.4 mg	*
Melatonin	1 mg	*

*Daily Value (DV) not established.

OTHER INGREDIENTS: HYDROXYPROPYL METHYLCELLULOSE, MICROCRYSTALLINE CELLULOSE, VEGETABLE MAGNESIUM STEARATE, SILICON DIOXIDE.

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

newtoneverett®
nutraceuticals

MANUFACTURED FOR: NEWTON-EVERETT NUTRACEUTICALS®
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