

Suggested Usage: As a dietary supplement, take 2 tablets daily, preferably with meals.

Magnesium Citrate is produced from the synthesis of Magnesium Carbonate and Citric Acid and is a readily bioavailable source of this key mineral. It plays key roles in the activation of amino acids for protein biosynthesis and is highly concentrated in intracellular fluid and bone.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Mineral

Magnesium Citrate

200 mg • Vegetarian Formula

Dietary Supplement

100 Tablets



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 2 Tablets Servings Per Container 50

Amount Per Serving	%Daily Value
Magnesium (as Magnesium Citrate) 400mg	100%

Other Ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Magnesium Stearate (vegetable source), Vegetable Coating.

Magnesium Citrate is more easily digested and better absorbed than other forms of magnesium.

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product. Store in a cool, dry place.

Physician's Preference®

20214 Braidwood Dr., Ste. 160, Katy, TX 77450

www.physicianspreference.com

1 (800) 579-6545