

Suggested Usage: As a dietary supplement, take 1 tablet 1 to 2 times daily, with or between meals.

L-Lysine is an essential amino acid, which means that it cannot be manufactured by the body and must be obtained through the diet or by supplementation. Lysine is necessary for the production of all protein in the body including hormones, enzymes, and antibodies, as well as carnitine and collagen, which is the structural protein forming all connective tissue such as skin, tendon, and bone. L-Lysine also plays a major role in calcium absorption.

Some evidence suggests that L-Lysine supplementation may help to support a healthy immune system as well as proper cardiovascular function.*

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



PHYSICIAN'S PREFERENCE.

L-Lysine

1,000 mg • High Potency

DIETARY SUPPLEMENT

100 Vegetarian/Vegan Tablets

Heart Health and Cold Sore Relief

Supplement Facts

Serving Size 1 Tablet Servings Per Container 100

Amount Per Serving

L-Lysine 1 g (1,000 mg)
(from L-Lysine Hydrochloride)

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†Daily Value not established.

Other Ingredients: Cellulose, Croscarmellose Sodium, Silica, Magnesium Stearate (vegetable source), Stearic Acid (vegetable source) and Vegetarian Coating.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

L-Lysine is a Pharmaceutical Grade essential amino acid.
Store in a cool, dry place after opening.

Manufactured for: **Physician's Preference®**

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