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Keep Out of the Reach of Children
Store away from heat & light

Best taken between meals.

or juice, two to four times per day.

Take up to 40 drops in 2 oz. of water

SHAKE WELL BEFORE USING

SUGGESTED USE

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RELAXING SLEEP™

NERVOUS SYSTEM

Calming & Sedating*



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

Relaxing Sleep™

*Promotes Relaxation & Restful Sleep**

Ingredients: proprietary extract blend:

Valerian rhizome & roots (*Valeriana off.*)^{①②}

Passionflower flwg. herb (*Passiflora inc.*)^①

Hops strobile (*Humulus lupulus*)^①

Chamomile flower (*Matricaria recutita*)^{①②}

Catnip leaf & flwg. tips (*Nepeta cataria*)^{①②}

Other Ingredients: certified organic alcohol (58-67%), distilled water & vegetable glycerin.

GLUTEN-FREE

① Certified Organically Grown **②** Fresh (undried)

All of the herbs in this formula are individually extracted to ensure a broad spectrum of therapeutic plant compounds.

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.