

PORTIONS
MASTER

BUILD MUSCLE & SUPPORT METABOLISM*

PROTEIN

WHEY ISOLATE

CLEAN | FAST-DIGESTING | MICROFILTERED

24g

PROTEIN

100

CALORIES

.5g

FAT

0g

ADDED SUGAR

<1g

CARBS

BIRTHDAY
CAKE

NOTICE: USE THIS PRODUCT AS A
FOOD SUPPLEMENT ONLY. DO NOT
USE FOR WEIGHT REDUCTION

HOW TO USE

Portions Master® Whey Isolate is a premium Cold-processed Cross-Flow Microfiltered (CFM) protein supplement ideal for supporting metabolism and building muscle.*

CFM is a completely chemical-free premium manufacturing process that utilizes ceramic filters to remove lactose, fat and other undesired materials to isolate protein more effectively. CFM protein is superior in its protein per serving ratio and fast, easy digestion. It also possesses more calcium and less sodium than non CFM protein.

Heat damages protein. Our protein is protected through cold processing, a non destructive, low temperature method of processing that preserves and protects protein from damages so you get the most benefits.

Every delicious flavor can be added to your daily intake as follows:

Post-Workout: Replenish your body with the protein it needs to recover after training.*

Before Sleep: Rebuild while you sleep. Help prevent protein breakdown that naturally occurs when you sleep.

In-between Meals: Portions Master® Whey Isolate supports blood sugar levels already in the normal range, cravings, metabolism, and helps maintain energy levels*, making it an optimal choice anytime, day or night.

Balance Any Meal: Supplement any high-carb or high-fat meal with protein.

(Tip: Add a scoop of Portions Master® Whey Isolate to your favorite hot cereal).

MIXING INSTRUCTIONS

Add one level scoop to 8 fl. oz. of water or your favorite beverage. You may add more or less liquid depending on your personal preference. Shake well in a shaker bottle until dissolved or blended.

Keep out of reach of children. Avoid storing in excessive heat, light, and moisture. Produced in a facility that also processes soy, fish, shellfish, milk, peanuts, tree nuts, wheat, and eggs.



These statements have not been evaluated by the food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 28.4 g (One Scoop)
Servings Per Container 32

	Amount Per Serving	% Daily Value
Calories	100	
Total fat	0.5 g	1%
Cholesterol	15 mg	5%
Total Carbohydrates	<1 g	0%
Protein	24 g	
Calcium	90 mg	7%
Iron	0.2 mg	1%
Phosphorous	70 mg	6%
Magnesium	20 mg	5%
Sodium	65 mg	3%
Potassium	110 mg	2%

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Ingredients: Whey Protein Isolate, Natural Flavoring, Xanthan Gum, Steviol Glycosides.
Contains Milk (Whey).

TYPICAL AMINO ACID PROFILE

	Amount/Serving		Amount/Serving
L-Alanine	1,240 mg	L-Lysine Δ	2,616 mg
L-Arginine	566 mg	L-Methionine Δ	539 mg
L-Aspartic Acid	2,616 mg	L-Phenylalanine	782 mg
L-Cystine	701 mg	L-Proline	1,483 mg
L-Glutamic Acid	4,611 mg	L-Serine	998 mg
L-Glycine	431 mg	L-Tyrosine	728 mg
L-Histidine Δ	404 mg	L-Tryptophan ΔΔΔ	431 mg
L-Isoleucine ΔΔ	1,510 mg	L-Threonine Δ	1,645 mg
L-Leucine ΔΔ	2,616 mg	L-Valine ΔΔ	1,240 mg

Δ Essential Amino Acids

ΔΔ BCAAs

ΔΔΔ The L-Tryptophan indicated is from naturally occurring sources of protein

RICH IN
BRANCHED-CHAIN
AMINO ACIDS

PORTIONS
MASTER



MADE IN
U.S.A

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