COLLAGEN is the main structural element. of the body's tissue. From skin and bones, to hair and nails; it is necessary for their growth and health. As we age, the body does not produce as much.

Adding collagen can help support collagen production in the body. which can help support healthy hair, nails, skin, and bones.

- Helps support skin
- Helps support hair growth and health
- Helps support nail growth and health
- Helps support strong bones, cartilage, and joints

## SUGGESTED USE

4 capsules taken daily, preferably with meals or as directed by a healthcare professional.

## CAUTION

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish, and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CAPSULES

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 4 Capsules Servings Per Container: 30

## Amount Per Serving

%Daily Value

Collagen Complex 3.000 ma (from type B gelatin and hydrolyzed collagen type I & III) (bovine)

Daily Value not established.

Other Ingredients: Gelatin (bovine), vegetable magnesium stearate, and aloe vera leaf (200:1 extract).

Keep out of the reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.





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