BIOTIN nourishes hair, skin, and nails. Biotin is a B vitamin that helps support health and lessen biotin deficiency.

## SUGGESTED USE

1 capsule taken daily, preferably with a meal or as directed by a healthcare professional.

## CAUTION

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish, and crustacean shellfish.

Keep out of the reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.







These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



HAIR, SKIN, & NAILS SUPPORT

10,000 MCG

90 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Vegetable Capsule Servings Per Container: 90

Amount Per Serving %Daily Value 10,000 mcg 33,333% 3 Biotin

Other Ingredients: Rice powder, microcrystalline cellulose, hydroxypropyl methylcellulose, vegetable magnesium stearate, and silicon dioxide.

Portions Master® specializes in superior, high quality supplements that help maintain a healthy lifestyle. Our focus is to offer unique products and support our customers with overall wellness.

Whether you are trying to build lean muscle, seeking immune support and antioxidants, or if you prefer vitamin-enriched products; we've got it!





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