Appetite Reducer FEM from Body Attack contains glucomannane, a water-soluble dietary fibre derived from the root of the konjac plant. Taken daily, 3 g glucomannane may help reduce body weight when dieting.

Recommended dosage: To benefit from it, take 3 x 2 capsules with plenty of water (300 ml) approximately 30 minutes before main meals. Do not exceed the recommended daily dosage.

Note: The capsules should be taken with plenty of water so that the glucomannane safely reaches the stomach. Individuals with dysphagia should pay particular attention to an ample water supply. Not suitable for pregnant, nursing women and children. Suitable for overweight individuals.

**Ingredients:** Konjac glucomannane (74 %), Hydroxypropyl methyl cellulose (Capsule), Calcium carbonate, Cyanocobalamin.

If kept unopened in a cool, dry place, best before end of/Lot no.: see bottom. Once opened, use up quickly. Keep away from direct heat and light.



FOR NATURAL & HEALTHY WEIGHT LOSS\*

## **BODY ATTACK**

## APPETITE REDUCER FFM

FOR WEIGHT REDUCTION\*

NUTRIENTS:

3000 MG GLUCOMANNANE PER SERVING PLUS VITAMIN B12

60 V VEGAN

Nutrition facts per daily serving (6 capsules)		NRV**
Fibers	3 g	
- thereof glucomannane	3 g	
Calcium	163 mg	20
Vitamin B12	7,5 µg	300

<sup>\*</sup>relates to the daily intake of at least 3 g of glucomannane in conjunction with a low-calorie diet \*\*NRV = % of Nutrient Reference Values

Nutritional supplement with dietary fibre from konjac root (glucomannane), calcium and vitamin B12. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of small children.

Exclusively manufactured for and distributed by: Body Attack Sports Nutrition GmbH & Co. KG Schackenburgallee 217-223, 22525 Hamburg www.body-attack.com

> 60 capsules (714 mg each)

Content:  $\bigcirc$  43 g

