

Appetite Reducer from **Body Attack** contains glucomannane, a water-soluble dietary fibre derived from the root of the konjac plant. Taken daily, 3 g glucomannane may help reduce body weight when on a low-calorie dieting.

Recommended dosage: To benefit from it, take **3 x 2** capsules with plenty of water (300 ml) approximately 30 minutes before main meals. Do not exceed the recommended daily dosage.

Note: The capsules should be taken with plenty of water so that the glucomannane safely reaches the stomach. Individuals with dysphagia should pay particular attention to an ample water supply. Not suitable for pregnant, nursing women and children. Suitabel for overweight individuals

Ingredients: Glucomannane (64.3 %), Hydroxypropyl methyl cellulose (Capsule shell), Separating agent (Calcium carbonate), Cyanocobalamin, Colouring (Titanium dioxide).

If kept unopened in a cool, dry place, best before end of/Lot no.: see bottom. Once opened, use up quickly. Keep away from direct heat and light.

PZN: 13874309

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Body Attack
SPORTS NUTRITION

APPETITE REDUCER

FOR WEIGHT REDUCTION*

GLUCOMANNANE
3000 MG
PER SERVING

PLUS
VITAMIN B12

DAILY

60



Nutrition facts per daily serving (6 capsules)		NRV**
Energy	38 kJ/9 kcal	
Fibers	3 g	
- thereof glucomannane	3 g	
Calcium	163 mg	20
Vitamin B12	7,5 µg	300

* relates to the daily intake of at least 3 g of glucomannane in conjunction with a low-calorie diet

** NRV = % of Nutrient Reference Values

Nutritional supplement with dietary fibre from konjac root (glucomannane), calcium and vitamin B12. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of small children.

Exclusively manufactured for and distributed by:

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Content: e47g = 60 capsules
(783 mg each)