Use the following directions when mixing for group use:



Mix 10 scoops of Super Carb into 1 gallon of water. Shake well for 30-45 seconds.



Mix 50 scoops of Super Carb into 5 gallons of water. Stir thoroughly for 45-60 seconds.

SUPER CARB is a breakthrough in carbohydrate technology designed to fuel performance through the use of the patented carbohydrate Cluster Dextrin®. Unlike typical carbs such as dextrose or fructose, Cluster Dextrin® is a low glycemic, highly branched cyclic dextrin (HBCD) with a high molecular weight and ultra-low osmolality. These properties of HBCD make it highly soluble and promote fast gastric emptying, virtually eliminating the gastric distress often associated with less advanced carbohydrates. Cluster Dextrin® also maintains a slow release, offering the ideal interaction between carbohydrate breakdown and the normal release of free fatty acids. The result is a superior carbohydrate that delivers smooth, constant energy and replenishes muscle glycogen stores without spiking blood sugar levels.‡







Warning: KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF PREGNANT OR NURSING. NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. Consult a physician before use if you have a medical condition or are taking any medication. Discontinue use two weeks prior to surgery









HIGHLY BRANCHED CYCLIC DEXTRIN

PERFORMANCE & RECOVERY CARB FUEL*



30 Servings Net Wt. 27.3 oz (1.7 lb) 775 g

DIETARY SUPPLEMENT (1)

Supplement Facts

Servings Per Container: 30

Amount Per Se		% DV
Calories	100	
Total Carbohydrate	25 g	8%
Calcium (as Albion™ Calci-K™ calcium potassium phosphate citr	ate) 95 mg	796
Phosphorus (as Albien™ Calci-K™ calcium petassium phosphet citrate and sodium phosphate)	e 81 mg	696
Magnesium (as Albion™ di-magnesium malate)	28 mg	7%
Sodium (as sodium phosphate)	50 mg	2%
Potassium (as Albion™ Calci-K™ calcium potassium phosphate c	itrate) 80 mg	2%
Rapid Glycogen Pre-load System		
Highly Branched Cyclic Dextrin (ClusterDextrin*)	25 g	1
Electrolyte Optimizer (822 mg)		
Calci-K™ (as Albion™ calcium potassium phosphate citrate)	525 mg	1
	157 mg	- 1
Sodium Phosphate		

Other Ingredients: ABSOLUTELY NONE



 Manufactured by NutraBio Labs, Inc. 564 Lincoln Blvd., Middlesex, NJ 08846

Processed in a facility and/or manufacturing line that also produces milk, tree nuts, nuts and soy

THIS PRODUCT IS SOLD BY WEIGHT NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED. SERVING SCOOP INCLUDED. STORE IN A COOL DRY PLACE

These statements have not been evaluated by the Food and Drug Administration. This product

to the State of California to cause birth defects or other reproductive harm. For more information or

