

SUPPORTS MUSCLE RECOVERY, GROWTH & REPAIR.†

Suggested Use: Mix 1 scoop with 8-12 ounces of water. Vary amount of water to achieve desired flavor. For maximum results, take RELOAD on training and off days as follows:

TRAINING DAYS: Morning training, take 1 serving late in the afternoon or evening. Evening training, take 1 serving early in the day.

OFF DAYS: Take 1 serving 1-2 times daily between meals.

FOR BEST RESULTS: Stack with NutraBio PRE and INTRA BLAST on training days. Take PRE 30 minutes before training, sip INTRA BLAST throughout training and take RELOAD as directed.‡

VEGETARIAN | GLUTEN FREE | NON-GMO | LACTOSE FREE

Warning: KEEP OUT OF REACH OF CHILDREN. This product is not intended/recommended for children under 18 years of age. Consult a physician before use if you are pregnant, nursing, have a medical condition or are taking any medication. Discontinue use two weeks prior to surgery. Drink at least 16-32 ounces of additional water per day when using Creatine.



Creatine MagnaPower™ is a trademark of Albion Laboratories, Inc. Kyowa Quality and/or the KQ logo are trademarks of Kyowa Hakko Bio Co., Ltd.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.



MANUFACTURED IN OUR
GMP & FDA
INSPECTED FACILITY



MADE IN USA
— WITH INGREDIENTS —
SOURCED WORLDWIDE

NUTRABIO®

RELOAD RECOVERY MATRIX™

POST-WORKOUT MUSCLE RECOVERY FORMULA*

30 Servings
Net Wt. 29.24 oz (1.83 lb) 829 g

**ORANGE
MANGO**
NATURALLY & ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT

21G
AMINO ACIDS

8G
BCAAs

5G
GLUTAMINE

3G
CREATINE

Supplement Facts

Serving Size: 1 scoop (27.63 grams)
Servings Per Container: 30

	Amount Per Serving	%DV
Calcium (as calcium phosphate)	60 mg	4%
Phosphorus (as calcium phosphate, sodium phosphate, potassium phosphate)	81 mg	6%
Magnesium (as magnesium creatine chelate)	40 mg	10%
Sodium (as sodium phosphate, sodium chloride)	50 mg	2%
Anabolic Growth BCAAs (8 g)		
L-Leucine (fermented)	4 g	†
L-Isoleucine (fermented)	2 g	†
L-Valine (fermented)	2 g	†
Strength & Endurance Matrix (7.1 g)		
Betaine Anhydrous (trimethylglycine)	2.5 g	†
Creatine Monohydrate (PharmaPure™)	2.5 g	†
Beta-Alanine	1.6 g	†
Magnesium Creatine Chelate (Creatine MagnaPower™/Albion™)	500 mg	†
L-Glutamine (Kyowa Quality™)		
Muscle Recovery Accelerator (2.5 g)		
L-Carnitine L-Tartrate	1.5 g	†
L-Ornithine HCl	500 mg	†
Glycine	500 mg	†
Electrolyte & Rehydration Optimizer (1.94 g)		
Taurine	1.5 g	†
Calcium Phosphate	176 mg	†
Sodium Phosphate	157 mg	†
Potassium Phosphate	102 mg	†

† Daily Value (DV) not established.

Other Ingredients: citric acid 1.2 g, natural and artificial flavors 1 g, malic acid 600 mg, sucralose 200 mg, acesulfame potassium 50 mg, beta-carotene 40 mg (color), annatto powder 7 mg (color).



Manufactured by NutraBio Labs, Inc.
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Processed in a facility and/or manufacturing line that also produces milk, tree nuts and nuts.

THIS PRODUCT IS SOLD BY WEIGHT NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED. SERVING SCOOP INCLUDED. STORE IN A COOL DRY PLACE.

Product ed to this level

CHECK, VERIFY, TRUST. View Independent Lab Results
CHECKMYSUPPS.COM

FULL LABEL DISCLOSURE
NO PROPRIETARY BLENDS | FULLY TRANSPARENT



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