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To assure optimal extraction of Blue Vervain's bioactive compounds, the uppermost tops of the plants are hand-harvested only when in full flower, are carefully shade-dried, and are then thoroughly extracted.

We prepare our Blue Vervain Extract from the flowering tops of *Verbena hastata* & *lasiostachys* plants which are **Certified Organically Grown** on our own farm and/or **Custom Wildcrafted™** in their natural wild habitat.

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LIQUID HERBAL EXTRACT

BLUE VERVAIN

Verbena hastata & *lasiostachys*
Flowering Tops



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

Blue Vervain Liquid Extract

Ingredients: certified organic grain alcohol (38-48%), distilled water & Blue Vervain extractives.

Dry herb / menstruum ratio: 1 : 5

SUGGESTED USE

SHAKE WELL BEFORE USING

Two or three times per day
take 30 to 40 drops in a little water.

Caution: *Consult a qualified midwife or physician before taking during pregnancy.*

Keep Out of the Reach of Children

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