

Directions: Mix 1 scoop (6.1 g) in 8-10 ounces of cold water and stir. Best taken pre-workout, post-workout, or between meals.

- Keep out of reach of children.
- Do not use if seal is broken.
- Protect from heat, light & moisture.
- Store in a cool, dry place.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SUGAR
FREE

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FREE

N13683



LEAN MUSCLE

CYBERGENICS®

CREATINE MONOHYDRATE

with Hydrating Electrolytes

**Helps Boost Energy†
Faster Recovery†
Improves Performance†**

Orange

DIETARY SUPPLEMENT

30 SERVINGS • Net Wt. 6.45 oz (183 G)

Supplement Facts

Serving Size: 1 scoop (6.1g)
Servings Per Container: 30

Amount Per Serving	
Creatine monohydrate	5g*

*Daily Value not established

Other ingredients: citric acid, natural flavor, beta carotene (for color), acesulfame potassium, sucralose, beet root (for color), silica.

Distributed by: Windmill Health Products®
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