

PROD. NO. 17486

KEEP OUT OF REACH OF
CHILDREN. STORE IN A DRY
PLACE AND AVOID EXCESSIVE
HEAT. TAMPER RESISTANT. DO
NOT USE IF SEAL UNDER CAP
IS BROKEN OR MISSING.

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SPORT



MEGA
VITAMIN

WOMAN

HIGH POTENCY

Performance Formula for Women

- Energy Production* • Electrolyte Balance*
- Antioxidant Health* • Bone Health*

90 COATED TABLETS
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 45

Amount Per Serving		%Daily Value
Vitamin A (as Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	200 mg	333%
Vitamin D (as Cholecalciferol)	800 IU	200%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg	3,333%
Riboflavin (Vitamin B-2)	50 mg	2,941%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2,500%
Folic Acid	800 mcg	200%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	500 mg	50%
Iron (as Ferrous Fumarate)	18 mg	100%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Vanadium (as Sodium Metavanadate)	10 mcg	**
Active Amino Blend	57 mg	**
L-Valine, L-Leucine, L-Isoleucine, L-Arginine, L-Lysine, L-Histidine		
Active Performance Blend	53 mg	**
Panax Ginseng (Panax ginseng) (root) (standardized to contain 2% ginsenosides, 0.25 mg).		

Amount Per Serving

%Daily Value

Guarana Extract (Paullinia cupana) (seed) (standardized to contain 22% caffeine); Ginkgo Biloba Extract (Ginkgo biloba) (leaf); Green Tea Extract (Camellia sinensis) (leaf); White Tea Powder (Camellia sinensis) (leaf); Oolong Tea 4:1 Extract		
Active Joint Blend	125 mg	**
Glucosamine Hydrochloride, Chondroitin Sulfate, Methylsulfonylmethane (MSM)		
Alpha Lipoic Acid	25 mg	**
Choline (as Choline Bitartrate)	10 mg	**
Inositol	10 mg	**
Cranberry Concentrate (Vaccinium macrocarpon) (fruit)	10 mg	**
Astaxanthin Complex	50 mcg	**
Silica (as Silicon Dioxide)	4 mg	**
Boron (as Sodium Borate)	60 mcg	**
Lutein	1 mg	**
Lycopene	1 mg	**

**Daily Value not established

Other Ingredients: Cellulose (Plant Origin), Croscarmellose, Vegetable Magnesium Stearate, Gelatin, Cellulose Coating, Mannitol, Vanillin.

Contains wheat and shellfish (shrimp, crab, lobster, crayfish) ingredients.

Directions: For adults, take two (2) tablets daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

FREE OF: yeast, milk or milk derivatives, lactose, sugar, preservatives, artificial color.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Avoid this product if you have Wilson's disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

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