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SUGGESTED USE: Take one capsule daily or as directed by a physician or a healthcare provider.

THIS PRODUCT CONTAINS NO: Wheat, Eggs, Yeast, Soy, Salt, Animal Derivatives, Maltodextrin, Magnesium Stearate, Artificial Flavors or Preservatives. Two-year shelf life at room temperature.

Intelligent Labs 5-MTHF is a breakthrough in folate supplementation, supplying the active form of Folic Acid. It is formulated for superior absorption to help maintain healthy homocysteine levels and support a healthy immune system and heart. It's also an excellent source of folate for pregnant women.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



intelligentlabs

5-MTHF 5MG

QUATREFOLIC®

- AS L-5 METHYLTETRAHYDROFOLATE
- ANIMAL AND GLUTEN FREE
- TWO-MONTH SUPPLY
- NON-GMO

Dietary Supplement // 60 Vegetarian Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	%DV
Folate	8334 mcg DFE	2084%
[as 9260 mcg of Quatrefolic® (6S-5-Methyltetrahydrofolate; Glucosamine Salt)]		

**Daily Value (DV) not established.

Other Ingredients: Hypromellose capsule, Microcrystalline cellulose.

Manufactured Exclusively for:

Intelligent Labs
4283 Express Lane
Suite 447-067
Sarasota, FL 34238

<https://www.intelligentlabs.org>

*Quatrefolic® is a registered trademark of Gnosis S.p.A. Corp,
Patent No. 7.947,662.*

Warning: Consult your physician if you are pregnant or nursing, are taking medications, or have any medical conditions.

Keep out of the reach of children. Do not use if seal is damaged or missing. Store in a cool and dry place. Avoid excessive heat. Tighten cap when not in use.