

100% PURE MICRONIZED
CREATINE MONOHYDRATE



MUSCLE
POWER †



IN-BETWEEN
SET RECOVERY †



GROWTH †



STRENGTH †

MRI
PERFORMANCE

CREATINE
MONOHYDRATE
ERGOGENIC

5g
PER SERVING

UNFLAVORED

2.2lb (1000g)
DIETARY SUPPLEMENT

PURE MICRONIZED
CREATINE
MONOHYDRATE

MRI Performance Creatine Monohydrate is 100% pure, flavorless, micronized creatine monohydrate with no fillers or additives. Creatine is a naturally occurring molecule in the body that plays a key role in explosive energy metabolism. It helps drive periods of shortburst power output, like the first few reps in a set or the explosive drive from the starting blocks. During exercise, intramuscular stores of creatine release ATP molecules, the "energy machines of muscle", for fast between-set recovery. Unfortunately, the creatine produced by the body is available only in limited supply. Supplementing with MRI® Performance Creatine Monohydrate helps supersaturate muscles with rapid-fueling creatine, driving improved muscle power output, explosive strength, and rapid intra-workout recovery.†

WARNING: Consult your healthcare professional to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. People with allergies to milk or soy should consult their healthcare professional before taking this product.

KEEP OUT OF REACH OF CHILDREN. AVOID
STORING IN EXCESSIVE HEAT.

These statements have not been evaluated
by the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure, or prevent any disease.

Suggested Use: Take one rounded teaspoon (5 grams) four times per day (20 grams total) for the initial 5 days. Take one rounded teaspoon (5 grams) two times daily (10 grams total) thereafter. Dissolve in juice or water.

** This product is to be used in conjunction with a healthy diet and exercise regimen.

Supplement Facts

Serving Size 5 g
Servings Per Container 200

Amount Per Serving	%Daily Value
Creatine Monohydrate	5g

† Daily Value not established.

Other Ingredients: None.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives.

MRI
PERFORMANCE

MADE IN USA
WITH DOMESTIC
INTERNATIONAL
INGREDIENTS



MANUFACTURED FOR &
DISTRIBUTED BY MRI PERFORMANCE
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