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Keep Out of the Reach of Children

Adults: 30 to 40 drops
Children: 15 to 20 drops

mix drops in a glass of water & drink.

Two to four times per day

SHAKE WELL BEFORE USING

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SUGGESTED USE

LIQUID HERBAL EXTRACT

CALM WATERS™ COMPOUND



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

Calm Waters™ Compound

Ingredients: extracts of:

Corn Silk (*Zea mays*)**①③**

St. John's Wort flrg. tops (*Hypericum perf.*)**②③**

Plantain leaf (*Plantago lanceolata* &/or major)**①③**

Goldenrod flowering tops (*Solidago spp.*)**①②③**

Other Ingredients: certified organic grain alcohol (48-58%), distilled water & vegetable glycerine.

① Certified Organically Grown

② Custom Wildcrafted™

③ Fresh (undried)

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