

Directions: Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store at 15-30°C (59-86°F).

MADE IN THE U.S.A.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SUSTAINED RELEASE
HIGH POTENCY
B COMPLEX

HELPS SUPPORT NERVOUS SYSTEM†



NO SUGAR, STARCH, WHEAT, MILK,
ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

DIETARY SUPPLEMENT 60 TABLETS

Supplement Facts

Serving Size: 1 tablet

	Amount Per Serving	% Daily Value
Vitamin B1 (as thiamin HCl)	50 mg	3,333%
Vitamin B2 (as riboflavin)	50 mg	2,941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	50 mg	2,500%
Folic acid	100 mcg	25%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic acid (as D-calcium pantothenate)	50 mg	500%
Choline (as choline bitartrate)	50 mg	*
Inositol	50 mg	*
PABA (para-aminobenzoic acid)	30 mg	*
Base Blend:	1 mg	*
Alfalfa leaf, brewer's yeast, parsley leaf, rice bran, soy lecithin, watercress leaf		

*Daily value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, silica, hydrogenated cottonseed oil and pharmaceutical glaze. **CONTAINS SOY.**

Distributed by: Foods Plus™

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