

CITED SOURCES

1. **Reyes-Izquierdo et al.** (2011). Short-term intake of Calcium Fructoborate improves WOMAC and McGill scores and beneficially modulates biomarkers associated with knee osteoarthritis: A pilot clinical double-blind placebo-controlled study. *American Journal of Biomedical Science*. ISSN: 1937-9080.
2. **Scorei et al.** (2011). A double-blind, placebo-controlled pilot study to evaluate the effect of Calcium Fructoborate on systemic inflammation and dyslipidemia markers for middle-aged people with primary osteoarthritis. *Biol Trace Elem Res*. 144:253-263.
3. **Reyes-Izquierdo T, et al.** (2014). Short-term efficacy of a combination of Glucosamine and Chondroitin Sulfate compared to a combination of Glucosamine, Chondroitin Sulfate and Calcium Fructoborate (CFB) on improvement of knee discomfort conditions in healthy subjects. A comparative, double-blind, placebo controlled acute clinical study. *Journal of Aging Research & Clinical Practice*. 3(4): 223-228.
4. **Pietrzowski Z, et al.** (2014). Short-term efficacy of Calcium Fructoborate on subjects with knee discomfort: a comparative double-blind, placebo-controlled clinical study. *Clinical Interventions in Aging*. 9: 895-899.
5. **Uebelhart D, Malaise M, Marcolongo R, et al.** (2004) Intermittent treatment of knee osteoarthritis with oral Chondroitin Sulfate: A one-year, randomize, double-blind, multicenter study versus placebo. *Osteoarthritis Cartilage*. 12:269-76.
6. **Kahan A.** (2006) Study on Osteoarthritis Progression Prevention: a new two-year trial with Chondroitin 4&6 Sulfate (CS). Available at: www.ilsa-ch.com/eular_2006_amsterdam_vignon-2.pdf.
7. **McAlindon TE, LaValley MP, Gulin JP, Felson DT.** (2000) Glucosamine and Chondroitin for treatment of osteoarthritis: a systematic quality assessment and meta-analysis. *JAMA*. 283(11):1469-75.
8. **Kelly GS.** (1998) The role of Glucosamine Sulfate and Chondroitin Sulfates in the treatment of degenerative joint disease. *Altern Med Rev*. 3(1):27-39.
9. **Pavelka K, et al.** (2002). Glucosamine Sulfate use and delay of progression of knee osteoarthritis. *Arch Internal Med*. 162(18):2113-23.
10. **Siemands, H.** (1997) The effect of Cis-9-Cetyl Myristoleate (CMO) and adjunctive therapy on arthritis and auto immune disease: a randomized trial. *Townsend Letter for Doctors and Patients*. Aug/Sept: 58-63.
11. **Diehl HW, May EL.** (1994) Cetyl Myristoleate (CMO) isolated from Swiss albino mice: an apparent protective agent against adjuvant arthritis in rats. *J Pharm Sci*. 83(3): 296-9.

NDS
NUTRITION™

DR. JOINTS® ADVANCED

JOINT HEALTH FORMULA™

SUPPORTS: MOBILITY • FLEXIBILITY • ANTI-INFLAMMATION*

90 CAPSULES • DIETARY SUPPLEMENT

Stim Free Low Stim Medium Stim High Stim

Use this stim meter for DR. JOINTS® ADVANCED to assess if this product suits your tolerance levels for stimulant-based ingredients.

FAST-ACTING FORMULA THAT WORKS IN AS LITTLE AS 7 DAYS*

Dr. Joints® Advanced is an effective joint health supplement formulated with ingredients shown to reduce joint discomfort, increase mobility, and help maintain healthy cartilage.*

CLINICALLY PROVEN FRUITEX-B®

FRUITEX-B® [CALCIUM FRUCTOBORATE]^{1,2,3,4}
Clinically proven and patented plant-based mineral complex studied for its ability to reduce joint discomfort and certain inflammatory markers.*

- ✓ Multiple published human clinicals on its unique properties and potential health benefits.*
- ✓ Fast-acting joint and mobility support; promoting joint comfort and improved function in as little as 7 days.*
- ✓ Benefits for joints and flexibility when used alone, with additional synergies when used in combination with glucosamine and chondroitin.*

ADDITIONAL JOINT HEALTH INGREDIENTS

GLUCOSAMINE SULFATE + CHONDROITIN^{5,6,7,8,9}
Glucosamine is a natural compound found in the body, but levels tend to decline with age. Chondroitin is a compound found naturally in human connective tissue. These ingredients have been shown to improve symptoms of joint discomfort and functionality. When used in combination the two can have an even greater overall effect.*

CETYL-MYRISTOLEATE^{10,11}
Cetyl Myristoleate is a fatty acid reported to function in multiple ways: as a lubricant, as an immune system modulator, and as an anti-inflammatory agent. Studies have shown its ability to improve joint function and mobility.*

STAY ACTIVE, STAY HEALTHY WITH DR. JOINTS® ADVANCED*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Calcium Fructoborate (FruiteX-B®)	220 mg	†
Proprietary Joint Support Blend:	3,075 mg	†
Glucosamine Sulfate 2KCL, Cetyl-Myristoleate, Bromelain (<i>Ananas comosus</i>), Boswellia Serrata Gum, Turmeric Root (<i>Curcuma longa</i>), Chicken Sternal Collagen Type II, Chondroitin Sulfate, Devil's Claw Root Extract (<i>Harpagophytum procumbens</i>), MSM (Methyl Sulfonyl Methane), Yucca Root (<i>Yucca schidigera</i>)		

† Daily Value (DV) not established.

Other Ingredients: Gelatin (Bovine), Magnesium Stearate, Rice Flour, Titanium Dioxide. **Contains Shellfish (Shrimp Shell).**

Calcium Fructoborate (FruiteX-B®)
is a registered trademark of VDF Future-Ceuticals, Inc. manufactured under US Patent #5,962,049.

FruiteX-B®

SUGGESTED USE: As a dietary supplement, take 3 Dr. Joints® Advanced capsules once daily and with a meal. *To be used as part of a healthy lifestyle consisting of regular physical activity and a proper diet.*

WARNING: KEEP OUT OF REACH OF CHILDREN. Do not exceed recommended dose. Not intended for use by persons under the age of 18. Do not use if pregnant or lactating. If you are under the care of a physician, please consult your physician before using this product. Discontinue use and consult your doctor if any adverse reactions occur. Do not use if tamper resistant seal is broken. **STORE IN A COOL DRY PLACE. AVOID EXCESSIVE HEAT.**

CONSUMER NOTICE: FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, GNC, or on ndsnutrition.com.

CALIFORNIA RESIDENTS

WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov/Food

FITLIFE BRANDS, INC. | 5214 South 136th Street | Omaha, NE 68137
For Product Questions: nds@ndsnutrition.com