

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT



Recommendations

2 capsules 2 to 4 times daily
with food or as directed by
your healthcare professional.

Warning

If pregnant, consult your
physician before taking.

CONTAINS NO COATINGS,
BINDERS, SUGAR,
PRESERVATIVES OR
HYDROGENATED OIL.



Calcium/ Magnesium

(CITRATE FORMULA)
DIETARY SUPPLEMENT
100 CAPSULES

Supplement Facts

serving size: 1 capsule
servings per container: 100

	amount per serving	percent daily value
Calcium (citrate/malate)	90mg	9%
Magnesium (citrate)	90mg	22.6%

Other Ingredients: Gelatin Capsule, Rice Powder.
May contain Ascorbyl Palmitate and/or Silica.

Independently tested for
authenticity, potency, solvent
residue, stability and bacteria,
yeast and mold counts.

manufactured by
VITAL NUTRIENTS
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