DAVID PERLMUTTER, M.D.



America's Brain-Health Expert. a Board-Certified

Neurologist, #1 New York Times best-selling author. Fellow of the American College of Nutrition, and expert in the human MICROBIOME.

Quickly Digested, Absorbed & Converted into Energy[†]

Medium chain triglycerides (MCTs) are naturally found in coconut oil and are fast fuel for Body and Brain.

- ▶ 13g of MCTs (including caprylic and capric acids) per serving
- Only from sustainably grown organic coconuts
- No palm oil or other filler oils
- Hexane-Free
- Non-Hydrogenated, Og Trans Fat
- Paleo & Ketogenic diet-friendly

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dr. Formulated

BRAIN HEALTH

100½ ORGANIC COCONUT

UNFLAVORED





FAST FUEL for **BODY & BRAIN**[†]

MEDIUM CHAIN TRIGLYCERIDES

Suggested Use: Take 1 Tbsp. Try in coffee. shakes, yogurt or on salads. Not intended for cooking

Supplement Facts

Serving Size 1 Tbsp (about 15mL) Servings Per Container 63

	Amount Per Serving	% Daily Value
Calories	130	
Total Fat	14 g	17%*
Saturated Fat	14 g	70%*
Trans Fat	0 g	+
Polyunsaturated Fat	0 g	+
Monounsaturated Fat	0 g	+
Cholesterol	0 mg	0%
Medium Chain Triglycerides (MCTs) 13 g**	+
C8:0 - Caprylic Acid	8 g**	
C10:0 - Capric Acid	5 g**	

+ Daily Value not established.

INGREDIENTS: 100% Organic Coconut Medium

**Naturally occurring

No refrigeration required

Keep out of reach of children.

Do not use if safety seal is broken or missing. Manufactured in a facility that also processes wheat,

egg, milk, soy, fish, crustacean shellfish, peanut, tree



BPA FREE

Distributed by





















Garden of Life LLC 4200 Northcorp Parkway Palm Beach Gardens, FL 33410 USA

Certified Organic by QCS www.gardenoflife.com Bottled in the U.S.A.

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