## THE DOMINANT MUSCLE BUILD

WHY USE BRANCHED CHAIN AMINO ACIDS (BCAA)? Supplementation is crucial for athletes seeking to build muscle. BCAA are the primary building blocks for muscle growth, reduced muscle breakdown and facilitation of fat loss. Unlike other amino acids, BCAA aminos – leucine, valine and isoleucine cannot be produced by the body, so must be provided through diet or supplementation.\*

WHY USE ALLMAX AMINOCORE? Not all BCAA are created equal. AMINOCORE delivers 8.18g of BCAA in a 9:6:5 ratio clinically proven to provide a 350% increase in activation of muscle growth signals! The purest, free-form source of BCAA, AMINOCORE has no added fillers or non-BCAA aminos. AMINOCORE's 9:6:5 BCAAs are 100% pure prior to flavoring. Typical 2:1:1 sources contain impurities resulting in cloudiness, oily foam, sediment, and the worst – a harsh bitter taste! AMINOCORE is the cleanest, purest, best-tasting BCAA supplement money can buy!\*

INTELLIGENT DIET SUPPORT. AMINOCORE feeds your muscles during diet and exercise to dramatically decrease muscle loss. Additional B-Vitamins further assists in enhancing metabolic power and improving energy levels.\*

THE SCIENCE OF MUSCLE GROWTH. AMINOCORE 9:6:5 BCAA ratio is clinically proven to increase the activation of muscle growth signals. Scientific studies have identified mTor-p70S6K as the trigger directly responsible for extreme muscle growth. Supplementing with BCAA has been shown to activate increased mTor-p70S6K cellular signaling responsible for muscle growth. The result: you build and retain more hard earned lean muscle and maintain a higher metabolism.\*\*



skip-lot tested for banned substances for the assurance of athletes and supplement users under the Informed Choice program. For further information about the testing process and test results, please visit www.CleanForAthletes.com.













Made in USA with domestic and imported ingredients





Karolinska Institute in Stockholm, Sweden.

Journal reference: Karlsson et. al. Am J Physiol
Endocrinol Metab 287: E1–E7, 2004.

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**SERV** 









Net Wt 315 g (0.69 lbs)









DIRECTIONS: To activate protein synthesis and increase muscle recovery\* take 1 scoop of AMINOCORE™ during weight training or any athletic event. On non-training days, AMINOCORE™ can be taken anytime on an empty stomach. Mix 1 scoop (10.5 g) into 17 oz (approx. 500 ml) bottle of water or a tall glass of water (2 cups). Shake or stir well. Take during workouts.

## Supplement Facts

Servings Per Container 30° Serving Size 1 scoop (10.5 g) **Amount Per Serving Calories Total Carbohydrate** Sugars 20 mg Vitamin B3 (as Niacin) Vitamin B6 (as Pyridoxine HCl & Pyridoxal-5'-Phosphate [P5P]) 400 mcg Vitamin B9 BioB9™ (as Folic Acid & 5-Methyltetrahydrofolate) 6 mcg 250% Vitamin B12 (as Methylcobalamin) 8,180 mg AMINOCORE™ BCAAs [9:6:5]

† Daily Value not established △ Percent Daily Value based on a 2,000 calorie diet

OTHER INGREDIENTS: Citric Acid, Natural and Artificial Flavors, Malic Acid, Sucralose,

WARNINGS: Use only as directed. Not recommended for persons under 18 years of age unles AND PETS. Do not use if inner seal is broken

CALIFORNIA WARNING: Lead is known to the State of California to cause birth detects of reproductive harm. Consuming this product can expose you to more than 0.00000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Produced in a facility that also handles Milk, Soy, Egg, Peanut, Tree Nuts,
Sesame, Fish, Crustogeon and City Williams and City Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

[45%] 3,681 mg L-LEUCINE [30%] 2,454 mg L-VALINE [25%] 2,045 mg L-ISOLEUCINE

Acesulfame Potassium, Lecithin (Sunflower), FD&C Yellow No. 5.

\* These stateme cure or preven

DIETARY SUPPLEMENT