

What's inside

Vitamins A+C

Antioxidants to protect against free radical damage*

Biotin

An essential B Vitamin to support the health of hair, skin and nails*

Hyaluronic Acid

A key molecule found in the dermis, important for skin hydration*



& NAILS

Supports skin hydration, hair health and nail strength*

> VITAMINS A + C · BIOTIN HYALURONIC ACID · ROSEHIP ALOE VERA

6U CAPSULES | DIETARY SUPPLEMENT



NON-GMO



GLUTEN-FREE



NO SYNTHETIC **COLORS OR FLAVORS**

Supplement Facts

Serving Size: 2 Capsules Servings per Container: 30

Amount per Serving		% DV
Vitamin A (as Retinyl Acetate)	160 mcg	18 %
Vitamin C (as L-Ascorbic Acid)	90 mg	100 %
Biotin	2,000 mcg	6667 %
Pantothenic Acid	5 mg	100 %
(as d-Calcium Pantothenate)		
Rosehip (Rosa canina) Fruit Powder	120 mg	1
Aloe Vera Leaves Powder	50 mg	1
Hyaluronic Acid (as Sodium Hyaluronate	e) 30 mg	1

*Daily Value (DV) not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, MAGNESIUM STEARATE, SILICON DIOXIDE

DISTRIBUTED BY ZURU LLC 2121 E MAPLE AVE, EL SEGUNDO, CA 90245, USA

MANUFACTURED IN CHINA



Daily Wellness Essentials

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byhabit.com

Suggested Use (Adults): Take 2 capsules daily with food or as directed by your healthcare professional.

Take only as directed. If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use.

KEEP OUT OF REACH OF CHILDREN

Store in a cool dry place. Do not use if inner seal is broken or missing. See lot no. and expiry date on bottom of bottle.

Processed in a facility with products that may contain milk, soy, fish, shellfish and wheat.





*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.