

Suggested Directions:

As a dietary supplement take 1,450 mg twice daily on an empty stomach. One heaping scoop provides approximately 1,450 mg. Mix this serving size in your favorite beverage, fruit smoothie, yogurt, etc... For advanced usage take one heaping scoop four times per day for 90 days, thereafter one heaping scoop twice per day.

Great for Children!

Caution: If pregnant or nursing check with your doctor before use.

CapraColostrum™ is harvested from goats which are never given hormones or antibiotics.

CapraColostrum™ contains natural immunoglobulins, growth factors and peptides.

CapraColostrum™ is collected from the first two days of postpartum lactal secretions.

CapraColostrum™ is RWD™ dried to keep it as close to nature as possible.

No chemicals or preservative added.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Product
of the
USA



Nature's First Food



Goat Milk Colostrum

174 grams

Dietary Supplement

Nutrition Facts

Serving Size: 1450mg

Servings Per Container: 120

	Amount Per Serving	% Daily Value*
Total Calories	8	
Sodium	5 mg	1%
Total Carbohydrates	<1 g	0%
Dietary Fiber	<1 g	0%
Sugars	<1 g	+
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Cholesterol	0 mg	0%
Protein	<1 g	1%
Calcium	14 mg	1%
Goat-milk Colostrum	1425 mg	+
Goat-milk / Cream	25 mg	+

* Percent Daily Values Based on 2,000 calorie diet

+ Daily Value not established

Manufactured by: Mt. Capra
279 SW 9th., Chehalis, WA 98532
(360) 748-4224 • www.mtcapra.com