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product info



06/2023
M21168H03

L01512E

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule daily, or as recommended by a healthcare practitioner. May be taken during daytime for stress or before bed to help with sleep.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**LIFE
EXTENSION®**

Bioactive Milk Peptides



GLUTEN FREE



NON
GMO
LE CERTIFIED

Mood and Sleep Support*

30 VEGETARIAN
CAPSULES | DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Capsule	% Daily Value
Casein decapeptide* (Bioactive Milk Peptides)	150 mg **

**Daily Value not established.

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), silica, vegetable stearate.

Contains milk (casein decapeptide).

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309 • LifeExtension.com
To report a serious adverse event or obtain product
information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.



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