# Are you ready for the CORTISLIM® Lifestyle?

Weight loss and weight management are unique challenges for many of us. Certain factors may be responsible for unsightly weight gain, while other factors contribute to an inability to shed unwanted pounds and achieve a toned physique. Studies suggest that stress may play a role in our ability to achieve our weight loss and weight management goals.

While a little stress is good for our bodies, a lot of stress isn't. So, during times of physical, mental or emotional stress, our bodies naturally combat the effects by producing a chemical hormone called cortisol. Small amounts of cortisol are needed to control carbohydrate metabolism, inflammation and cardiovascular function, but too much cortisol for too long can have a negative effect. Preliminary studies suggest that elevated cortisol levels may be associated with increased appetite and weight gain. Regular exercise is one of the best ways to maintain normal stress levels. CortiSlim® Original provides additional support for helping to maintain normal stress levels.

Nothing is more important in weight loss and weight management than consuming a healthy and balanced daily diet of proteins, fats and carbohydrates. It is also critical to maintaining optimal health. Our body's ability to efficiently synthesize proteins, fats and carbohydrates plays a key role in our overall wellbeing. When our bodies are deficient in vitamins, minerals, fiber and/or water, our body's ability to synthesize proteins, fats and carbohydrates may be compromised.

Take CortiSlim® Original as part of the CortiSlim® Lifestyle of stress management, healthy eating, regular exercise and supplementation to achieve your weight management goals. As with any weight loss program, the amount of weight that you ultimately lose will be based on many factors, such as your dietary intake, exercise level, and overall levels of stress.\* Learn more about the CortiSlim® Lifestyle at www.cortislim.com.

Start your path towards success today!

#### Included FREE inside is the CortiSlim Lifestyle Weight Control Guide.

It's your guide to achieving a healthy new you!



All CortiSlim® products are manufactured in the United States from premium domestic and international ingredients following the highest quality assurance standards.

When you purchase any CortiSlim® product, you are guaranteed exceptional quality. Our products are precisely formulated using only the highest quality ingredients from the world's most trusted, leading suppliers, providing for the highest product safety and efficacy. Ephedra-Free and Gluten-Free.

CORTISLIM®, CortiSlim®, CortiPlex®, LeptiPlex®, and Insutrol®, are registered trademarks of Cortislim International, Inc.



### CORTI) LIM Original

## 3-Complex Weight Loss Formula\*

CortiSlim® Original is New & Improved to better help you manage your weight loss in 3 distinct ways with its 3-Complex Weight Loss formula. Each unique Complex contains a proprietary blend of nutrients that work in different ways throughout your body to provide focused weight loss and management.\*

- Leptiplex® Supports healthy metabolism and thermogenesis with a blend of ThermoDiamine™, Green Tea Extract and Caffeine.\*
- Cortiplex® Contains a calming blend of AlphaWave™ L-Theanine and Chamomile to compliment the stress-reducing effects of exercise. As part of a weight loss and exercise program, Cortiplex® may help promote normal stress levels.\*
- Insutrol® Supports increased lean body mass, body fat reduction and healthy blood glucose levels already in the normal range with a blend of Cinnulin PF®, Banaba Leaf Extract and Vanadyl Sulfate.\*

For more information on the clinical studies conducted on any of the key ingredients found in all CortiSlim® products, please visit the CortiSlim® website:

www.cortislim.com.

<sup>\*</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



90 CAPSULES

DIETARY SUPPLEMENT

### **Supplement Facts**

Serving Size: 2 Capsules Servings per Container: 45

Amount Per Serving % DV Vitamin C (as Calcium Ascorbate) 200 mg 334% Chromium (as Chromium Polynicotinate) 100 mcg 84% Leptiplex® Proprietary Blend 350 mg

Green Tea Extract (leaf, standardized to 45% EGCG) ThermoDiamine™ Enhanced Thermogenic Support (providing 10 mg Evodiamine) Caffeine Anhydrous

100 mg Cortiplex® Proprietary Blend AlphaWave™ (providing 50 mg L-Theanine) Chamomile Flower Extract (Matricaria recutita)

Insutrol® Proprietary Blend 203.05 mg Cinnulin PF® (Cinnamomum Burmanii) (Bark) Banaba Leaf Extract Vanadyl Sulfate

† Daily Value (DV) not established

Other Ingredients: gelatin, microcrystalline cellulose, silica, magnesium stearate, titanium dioxide, FD&C Blue #1.

ThermoDiamine™ is a registered trademark of Integrity Nutraceuticals International. Cinnulin PF® is a registered trademark of Integrity Nutraceuticals International; AlphaWave™ is a registered trademark of Ethical Naturals, Inc.

#### RECOMMENDED USE:

Adults, for the first week, take 2 capsules per day with a meal and a full glass of water. Starting with week 2, increase dosage to 4 capsules per day - 2 with breakfast and 2 with lunch and a full glass of water. By week 3 and thereafter you will be ready to increase dosage to 6 capsules per day - 2 with each meal and a full glass of water. Do not exceed 6 capsules per day.

Take CortiSlim® Original as a daily supplement in conjunction with a sensible calorie diet and exercise plan. Consult your physician before beginning any weight loss program. As with any dietary supplement, individual sensitivity may vary; therefore, it is recommended that you begin using CortiSlim® Original at the entry level dose of 2 capsules daily for the first week, before increasing your dosage to 4 capsules daily in week 2, then to the maximum daily limit of 6 capsules.

WARNING: Do not take if pregnant or are nursing. For adult use only. If you have any medical condition, are taking any medications or are under the age of 18, consult a health care professional prior to use. Discontinue use and consult a physician if you experience any adverse affects.

KEEP OUT OF REACH OF CHILDREN. Sealed for Your Protection.

DO NOT USE IF INNER SEAL IS BROKEN OR MISSING.

Made in the USA from imported ingredients.



Your satisfaction is guaranteed

Please share your success stories with us. We'd love to hear from you! Call 1-866-777-2207 or visit us online at www.cortislim.com

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