

- ✓ Preservative Free
- ✓ No Artificial Flavors

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com



GNC
SELECT™



Valerian Root

250 MG

Promotes restful sleep*

120 SOFTGELS/120-DAY SUPPLY • DIETARY SUPPLEMENT

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 496988

KYG

DIRECTIONS: As a dietary supplement, take one softgel before bedtime.
For maximum benefits, take up to two softgels daily.

Supplement Facts

Serving Size One Softgel Capsule

Amount Per Serving	% Daily Value
Valerian (<i>Valeriana officinalis</i>) Root Extract (Minimum 0.8% Valerenic Acids = 2 mg)	250 mg*

* Daily Value not established.

OTHER INGREDIENTS: Olive Oil, Gelatin, Glycerin, Purified Water, Soy Lecithin, Beeswax, Silicon Dioxide, Sodium Copper Chlorophyllin (Color), Titanium Dioxide (Mineral Whitener), Calcium Silicate, Maltodextrin, Tricalcium Phosphate.

Distributed by: GNC Holdings, LLC
Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition.
Discontinue use two weeks prior to surgery.

Lot No./Best By: