

- ✓ Preservative Free
- ✓ No Artificial Colors
- ✓ No Artificial Flavors

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

GNC
SELECT™



Flax Seed Oil

1000 MG

Omega-3 fatty acids help support the cardiovascular system, digestive health and joint health*

180 SOFTGELS/180-DAY SUPPLY • DIETARY SUPPLEMENT

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 496388

KYG-333

DIRECTIONS: As a dietary supplement, take one softgel. For maximum benefits, take up to two softgels daily.

Supplement Facts

Serving Size One Softgel Capsule

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1% †

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

INGREDIENTS: Flax (*Linum usitatissimum*) Seed Oil, Gelatin, Glycerin, Purified Water.

Distributed by: GNC Holdings, LLC
Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

Lot No./Best By:

0 48107 24923 6

FPO