

- ✓ Preservative Free
- ✓ No Artificial Flavors

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com

GNC
SELECT™



B-Complex

with vitamin B-12

Essential for energy production
and carbohydrate metabolism*

360 TABLETS/360-DAY SUPPLY • DIETARY SUPPLEMENT

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 496521

DIRECTIONS: As a dietary supplement, take one tablet daily.

KYG-333

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	3 mg	250%
Riboflavin (Vitamin B-2)	3 mg	231%
Niacin (as Niacinamide)	20 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	118%
Vitamin B-12 (as Cyanocobalamin)	6 mg	250%
Pantothenic Acid (as Calcium d-Pantothenate)	10 mg	200%
Calcium	134 mg	10%

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Magnesium Stearate, Polyethylene Glycol, Triethyl Citrate, Vegetable Acetoglycerides, Polysorbate 80, Titanium Dioxide, Artificial Colors (Blue #1 Lake, Red #40, Red #40 Lake, Yellow #6 Lake), Carnauba Wax.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction.

Lot No./Best By:

