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product info



04/2024

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Read the entire label and follow the directions carefully.

DIRECTIONS: Take one (1) tablet daily, or as recommended by a healthcare practitioner.

CAUTION: Consult with your healthcare practitioner if you have, or have a history of, estrogen-dependent tumors.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is damaged.
- Consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ERr 731® is a registered trademark of Chemisch-Pharmazeutische Fabrik Göppingen Carl Müller Apotheker GmbH & Co.



LIFE EXTENSION®

Youthful Woman 40+ with B-Complex



GLUTEN FREE



DAILY



NON
GMO
LE CERTIFIED

Hormone Free Support for Energy, Mood, and Stress*

30 ENTERIC COATED
VEGETARIAN
TABLETS

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Enteric Coated Vegetarian Tablet

Amount Per Serving	% Daily Value	
Thiamine (vitamin B1) (as thiamine HCl)	10 mg	833%
Riboflavin (vitamin B2) (as riboflavin 5'-phosphate)	5 mg	385%
Niacin (as niacinamide)	35 mg*	219%
Vitamin B6 (as pyridoxal 5'-phosphate)	20 mg	1176%
Folate (as L-5-methyltetrahydrofolate calcium salt)	1360 mcg°	340%
Vitamin B12 (as methylcobalamin)	300 mcg	12500%
Biotin	1000 mcg	3333%
Pantothenic acid (as D-calcium pantothenate)	50 mg	1000%
ERr 731* Siberian rhubarb (<i>Rheum raphaniticum</i> L.) extract (root) [std. to ≥ 54% raphanitin, ≥ 27% desoxyraphanitin]	4 mg	**

**Daily Value not established.

*NE (niacin equivalents). °DFE (dietary folate equivalents).

Other ingredients: dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, silica, stearic acid, vegetable stearate, enteric coating (ethylcellulose, sodium alginate, medium chain triglycerides, oleic acid).

Manufactured for: Quality Supplements and Vitamins, Inc.
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To report a serious adverse event or obtain product
information, contact 1-866-280-2852.