

KEEP OUT OF REACH
OF CHILDREN.

Store in a cool, dry
place.

For More Information:

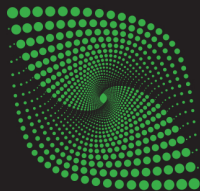
1-888-462-2548

TamaFlex.com

TamaFlex™ is a trademark
of NXT USA, Inc. Patents
Pending.

AprèsFlex® is a registered
trademark of Laila
Nutraceuticals exclusively
licensed to PL Thomas -
Laila Nutraceuticals LLC.
U.S. Patent #8,551,496
and other patents
pending.

GNC



TAMAFLEX™
FAST ACTING

PROVEN JOINT SUPPORT*

FEEL THE DIFFERENCE IN JUST

5 DAYS**

7x MORE COMFORT** &
7.5x BETTER FUNCTION^* IN 30 DAYS

120 VEGETARIAN CAPSULES

60-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 304222

BXG

DIRECTIONS: As a dietary supplement, take one capsule in the
morning and one in the evening.

Supplement Facts

Serving Size One Capsule

Amount Per Serving

TamaFlex™ 125 mg*

(Tamarind [*Tamarindus indica*] Seed Extract &
Turmeric [*Curcuma longa*] Rhizome Extract)

AprèsFlex® *Boswellia serrata* Gum Extract 50 mg*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Vegetable
Cellulose Capsule, Dicalcium Phosphate, Magnesium Stearate
Vegetable Source, Calcium Silicate.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

WARNING: Consult your physician prior to using this product if
you are pregnant, nursing, taking medication or have a medical
condition. Discontinue use two weeks prior to surgery.

^ In a randomized, double-blinded trial, 90 healthy adults took 125 mg
of TamaFlex™ or placebo twice daily for 90 days. Those taking
TamaFlex™ had improved (i) joint comfort, stiffness and function
(WOMAC), (ii) walking speed and distance and (iii) use of stairs.
Improvements were seen as early as 2 weeks for comfort and stiffness.

♦ In a randomized, double-blind study, 67 adults took 50 mg of
AprèsFlex® or a placebo twice daily. Those taking AprèsFlex® had
improvements in joint stiffness, comfort and function (WOMAC)
that were 5, 7 and 43 times greater vs. the placebo group after 30
days. Improvements were seen as early as 5 days.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

