

KEEP OUT OF REACH
OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

GNC

COD LIVER OIL

OMEGA-3 SUPPLEMENT

ACTUAL SIZE

260 mg of EPA/DHA Omega-3s
Supports heart, brain, skin, eye &
joint health*
Natural source of vitamins A and D-3



90 SOFTGELS
90 SERVINGS

CODE 011222

DIRECTIONS: As a dietary supplement, take one softgel capsule up to two times daily with food.

Supplement Facts

Serving Size One Softgel Capsule

| Amount Per Serving | % Daily Value | |
|-----------------------------|--------------------|-----|
| Calories | 10 | |
| Total Fat | 1 g | 1%† |
| Cholesterol | 5 mg | 2% |
| Vitamin A | 375 mcg | 42% |
| Vitamin D | 3.375 mcg (135 IU) | 17% |
| Vitamin E | 0.671 mg | 4% |
| EPA (Eicosapentaenoic Acid) | 160 mg | * |
| DHA (Docosahexaenoic Acid) | 100 mg | * |

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

INGREDIENTS: Fish Oil, Cod Liver Oil, Softgel Capsule (Gelatin, Glycerin), d-alpha Tocopherol.

CONTAINS: Soybeans and Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors,
No Preservatives, Sodium Free, No Wheat, Gluten Free, No Corn,
No Dairy.

- Purified to reduce contaminants such as heavy metals, dioxins and PCBs
- From wild, deep ocean fish



GLUTEN
FREE

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: