





Patent No.: US 10,857,195 B2



SPEARMINT

A water-soluble natural dietary ingredient rich in polyphenols, which helps to fall asleep faster at night.*



MELATONIN

A hormone that is secreted by the pineal gland to regulate sleep in response to light and darkness and is regulated by the body's internal sleep clock.*



L-THEANINE

An amino acid from green tea leaves that helps promote a healthy mood and a restful relaxed sleep.*

DIETARY SUPPLEMENT

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Gummy Servings Per Container 60

Amount Per Serving	% Daily	Value
Calories	5	
Total Carbohydrate	3g	1%**
Sugars	0g	***
Melatonin	6mg	***
L-Theanine	100mg	***
Neumentix™ Spearmint Extract	2mg	***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Maltitol Syrup, Erythritol, Water, Gelatin, Citric Acid, Malic Acid, Pectin, Blueberry Juice, Natural and Artificial Flavors.

This supplement is suitable for adults over 18 years old.

DIRECTIONS: For adults, take 1 gummy once, perferably 30 minutes before bed. Don't take over 2 gummies daily.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical clinical lab testing, consult your doctor before use. Some supplements may interact with certain lab tests. If any adverse reactions occur, stop use and consult your doctor. Keep out of reach of children. Store at room temperature.

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