

dr.bo. PSYLLIUM HUSK is a source of plant fiber that's beneficial in cleansing the colon and supporting regular bowel movements, digestion & intestinal health.*

SUGGESTED USE

Take 2 capsules 1 to 3 times daily with 8 ounces of water, or as directed by your healthcare provider.

CAUTION: Do not exceed recommended dose. This product should be consumed with at least a full glass of liquid. Consuming this without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Read and follow directions carefully. This product is not intended for pregnant or nursing mothers or children under the age of 18. Do not use this product if you have abdominal pain, diarrhea or loose stools. Rectal bleeding, abdominal cramping and / or failure to have a bowel movement after the use of a laxative formula may be an indication of a more serious condition. Should this occur, or if you have a known medical condition and are taking medication, consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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PSYLLIUM HUSK

MAXIMUM POTENCY 1450mg[†]

- SUPPORTS REGULAR BOWEL MOVEMENTS*
- HELPS SUPPORT DIGESTION*
- SOURCE OF DIETARY FIBER*
- SUPPORTS INTESTINAL HEALTH*

240

CAPSULES

DIETARY SUPPLEMENT



BOTANICAL



DIETARY FIBER



GUT SUPPORT



GMO FREE



SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings Per Container: 120

	Amount Per Serving	%Daily Value
Calories	5	
Total Carbohydrates	2 g	<1% [‡]
Dietary Fiber	<1 g	3% [‡]
Psyllium Husk Powder (hulls)	1.45 g (1450 mg)	**

**Daily Value not established.

[‡]Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Gelatin (bovine), vegetable magnesium stearate, and silicon dioxide.

[†]Per 2 capsule serving.

ZERO ARTIFICIAL COLORS, FLAVORS,
CHEMICALS OR PRESERVATIVES

Manufactured for DR.BO®

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Manufactured in an
FDA
Registered Facility

