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product info

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take one (1) capsule once or twice daily, or as recommended by a healthcare practitioner.

**CAUTION:** If taken in high doses, magnesium may have a laxative effect. If this occurs, divide dosing, reduce intake, or discontinue product.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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**LIFE  
EXTENSION®**

# Potassium with Extend-Release Magnesium



GLUTEN FREE



IR Potassium with  
6 Hour XR Magnesium

**60** VEGETARIAN CAPSULES | DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving		% Daily Value
Magnesium (as ZümXR® magnesium oxide, magnesium citrate)	250 mg	60%
Potassium (as potassium chloride)	99 mg	2%

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, rice concentrate, ethylcellulose, medium chain triglycerides, oleic acid, hydroxypropyl methylcellulose, silica.

Manufactured for:  
Quality Supplements and Vitamins, Inc.  
Ft. Lauderdale, FL 33309  
[LifeExtension.com](http://LifeExtension.com)

To report a serious adverse event or obtain product information, contact  
1-866-280-2852.

Store tightly closed in a cool, dry place.