suggested use: As a dietary supplement take four (4) capsules once a day. For best results take 20-30 min before activity with an 80z. glass of water or as directed by your healthcare professional.

caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot # and Expiration Date Printed on Bottom of Bottle. V1R0





Supplement Facts

Serving Size: 4 Capsules Servings Per Container: 15

Amount Per Serving		%DV
Calcium (as Calcium Carbonate)	72 mg	6%
Niacin	30 mg NE	188%
L-Arginine (base)	800 mg	**
L-Arginine AKG 2:1 Extract	800 mg	**
L-Citrulline HCL	400 mg	**
L-Citrulline Malate Extract	400 mg	**
Beta Alanine	160 mg	**
** Daily Value (DV) not establis	hed	

Inactive Ingredients: Cellulose (Vegetable Capsule), Vegetable Stearate, Silicon Dioxide.



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