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directions carefully prior to use **DIRECTIONS:** Take two (2) capsules, once or twice daily, or as recommended by a healthcare practitioner. This product can be taken on an empty stomach with water or juice in the morning in divided doses or all at once.

Read the entire label and follow the

Store tightly closed in a cool, dry place.

WARNINGS:

 DO NOT EXCEED RECOMMENDED DOSE.

- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements

please consult with your physician i you are undergoing treatment for a medical condition or if you are pregnant or lactating.





Optimized Carnitine





Promotes Cellular Energy Production*

60 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

10 0 1 0/ 5 1 W.L.

Serving Size 2 Vegetarian Capsules Servings Per Container 30

Amount Per Serving	% Daily value	
Acetyl L-Carnitine HCI	800 mg	**
Acetyl L-Carnitine Arginate Di-HCl	300 mg	**
Glycine Propionyl	300 mg	**

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), vegetable stearate, silica.

Manufactured for: Quality Supplements and Vitamins, Inc. Ft. Lauderdale, FL 33309 . LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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