

Use with **PART B** spectrum support mineral.

#### SUGGESTED USE:

As a dietary supplement, take 2 teaspoons, 3 times a day with meals. May mix with other beverages or water. Start low and increase gradually to full dose. Keep bottle tightly closed. Check expiration at the bottom of the bottle. Store in a dry place, away from sun light.

#### THIS PRODUCT DOES **NOT** CONTAIN

Eggs, wheat, gluten, dairy, casein, yeast, corn, soy, refined sugars, artificial sweeteners, colors or flavors.

#### DOSE BY BODY WEIGHT:

50 lbs 2 teaspoon, 3 times a day  
100 lbs 3 teaspoon, 3 times a day  
150 lbs 4 teaspoon, 2 times a day

Refrigerate after opening  
and use within 3 months



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by  
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**BRAINCHILD**  
NUTRITIONALS

# SPECTRUM SUPPORT<sup>®</sup>

# TWO

Effective Nutrition, Highly Absorbable<sup>®</sup>  
Better Vitamin B12<sup>\*</sup>

**PART A**

Neurological and  
Metabolic Support<sup>®</sup>

**ACTIVE  
FOLATE  
& B6  
INSIDE**

**DIETARY SUPPLEMENT**

**16oz (473 mL)**

## Supplement Facts

Serving Size: 2 teaspoons      Serving per container: 48

Amount Per Serving	% Daily Value*
Calories	10
Sodium	5 mg <1%
Total Carbohydrate	3 g <1%
Vitamin A (Mixed Carotenoids)	2,000 IU 52%
Vitamin C (Calcium ascorbate)	167 mg 205%
Vitamin D3 (cholecalciferol)	133 IU 33%
Vitamin E (d- $\alpha$ -tocopherol acetate)	42 IU 126%
Vitamin B1 (Thiamin hydrochloride)	7 mg 444%
Vitamin B2 (Riboflavin-5-Phosphate)	7 mg 392%
Vitamin B3 (Nicotinamide & Inositol)	12 mg 56%
Vitamin B6 (Pyridoxine $\alpha$ -ketoglutarate)	7 mg 330%
Quatrefolic (5-MTHF)	167 mcg 42%
Vitamin B12 (Methylcobalamin)	200 mcg 3,333%
Biotin	167 mcg 56%
Vitamin B5 (Calcium Pantothenate)	33 mg 333%
Choline (Citate)	20 mg **
Inositol	27 mg **
Quercetin	17 mg **
TMG (Trimethylglycine)	33 mg **
L-Glycine	100 mg **
DMAE (Dimethylaminoethanol Bitartrate)	13 mg **
N-Acetyl Cysteine	5 mg **

\*Percent daily values based on a 2000 calorie diet.  
\*\*Daily Value not established.

**Other Ingredients:** Purified Water, Xanthan Gum, Kosher Vegetable Glycerine, Herbal extract blend<sup>†</sup>, Potassium Sorbate.

<sup>†</sup>Organically-grown alcohol-free herbal extract containing: Ashwaganda, Burdock, Astragalus, Sansaparilla, Fennel (seed), Ginko, Gotu kola, Gymnema Sylvestre, Milk Thistle and Schisandra.

Quatrefolic is a registered trademark of Gnosis SpA. U.S. Patent No. 7,947,662