

Use together with spectrum support mineral.

SUGGESTED USE:

As a dietary supplement, take 3 times a day with meals. May mix with other beverages or water. Start low and increase gradually to full dose. Keep bottle tightly closed. Check expiration at the bottom of the bottle. Store in a dry place, away from sun light.

THIS PRODUCT DOES NOT CONTAIN

Eggs, wheat, gluten, dairy, casein, yeast, corn, soy, refined sugars, artificial sweeteners, colors or flavors.

DOSE BY BODY WEIGHT:

50 lbs 2 teaspoon, 3 times a day
100 lbs 3 teaspoon, 3 times a day
150 lbs 4 teaspoon, 2 times a day

Refrigerate after opening
and use within 3 months



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by
Brainchild Nutritionals, LLC
20725 NE 16th Ave, Ste A1
MIAMI, FL 33179 (305) 952-3227



BRAINCHILD
NUTRITIONALS

SPECTRUM SUPPORT[®] ONE

Soft Intensity, High Absorption^{*}
Effective Nutrition^{*}

PART A

Neurological and
Metabolic Support^{*}

FUNCTIONAL
MULTI
VITAMIN

DIETARY SUPPLEMENT

LEMON
LIME
FLAVOR

16oz (473 mL)

Supplement Facts

Serving Size: 2 teaspoon

Serving per container: 48

Amount Per Serving		% Daily Value [*]
Calories	10	
Sodium	5 mg	<1%
Total Carbohydrate	3 g	<1%
Vitamins A (Mixed Carotenoids)	2,500 IU	65%
Vitamin C (Calcium ascorbate)	167 mg	205%
Vitamin D3 (cholecalciferol)	133 IU	33%
Vitamin E (d-α-tocopherol acetate)	50 IU	167%
Vitamin B1 (Thiamin hydrochloride)	7 mg	444%
Vitamin B2 (Riboflavin-5-Phosphate)	3 mg	196%
Vitamin B3 (Niacinamide & Inositol)	7 mg	33%
Vitamin B6 (Pyridoxine α-ketoglutarate)	1 mg	50%
◊Quatrefolic (5-MTHF)	50 mcg	13%
Vitamin B12 (Methylcobalamin)	50 mcg	833%
Biotin	83 mcg	28%
Vitamin B5 (Calcium Pantothenate)	42 mg	417%
Choline (Citrate)	27 mg	**
Inositol	33 mg	**
Bioflavonoids	17 mg	**
TMG (Trimethylglycine)	33 mg	**
DMAE (Dimethylaminoethanol Bitartrate)	13 mg	**

^{*}Percent daily values based on a 2000 calories diet.

^{**}Daily Value not established

Other Ingredients: Purified Water, Xanthan Gum, Kosher Vegetable Glycerine, Herbal Extract Blend¹, Potassium Sorbate, Lemon Lime extract.

¹Organically-grown alcohol-free herbal extract containing: Ashwaganda, Burdock, Astragalus, Sarsaparilla, Fennel (seed), Ginko, Gotu kola, Gymnema Sylvestre, Milk Thistle and Schisandra.

◊Quatrefolic is a registered trademark of Gnosis Spa. U.S. Patent No. 7,947,662