

Extremely Bioavailable Liquid Mineral Formula*

(Use together with our Spectrum Support
Vitamin Formula)

SUGGESTED USE:

As a dietary supplement 3 times a day with meals. Please consult our website for detailed dosage. Start low and increase gradually to full dose. Keep bottle tightly closed. Check expiration at the bottom of the bottle.

DOSE BY BODY WEIGHT:

50 lbs 2 liquid - caps, 3x a day with meals
100 lbs 3 liquid - caps, 3x a day with meals
150 lbs 4 liquid - caps, 3x a day with meals
See website/dosage chart for details

**STORE IN A COOL DRY PLACE
AND USE WITHIN 6 MONTHS**

THIS PRODUCT DOES NOT CONTAIN
Eggs, wheat, gluten, dairy, casein, yeast, corn,
soy, refined sugars, artificial colors, artificial
sweeteners or flavors.



BRAINCHILD
NUTRITIONALS

SPECTRUM SUPPORT* MINERALS

Effective Nutrition®
Optimally Absorbed Mineral Formula®

PART B

DIETARY SUPPLEMENT

**PART B
MINERALS**

180 Liquid Capsules

Supplement Facts

Serving Size: 2 Liquid Capsules
Serving per container: 90

Amount Per Serving	% Daily Value*
Calories	10
Sodium	5 mg <1%
Total Carbohydrate	3 g <1%
Calcium (from 33mg Calcium D-glucarate)	4 mg <1%
Magnesium (Krebs Chelates**)	20 mg 5%
Zinc (Krebs Chelates**)	5 mg 33%
Selenium (Amino Acid Complex**)	33 mcg 48%
Manganese (Amino Acid Complex**)	1 mg 33%
Chromium (Amino Acid Complex**)	8 mcg 7%
Molybdenum (Krebs Chelates**)	67 mcg 89%
Potassium (Alpha Ketoglutarate)	8 mg <1%
Methylsulfonylmethane (MSM)	67 mg **

*Percent daily values based on a 2,000 calories diet.

**Daily Value not established

Other Ingredients: Purified Water, Kosher Vegetable Glycerine, Medium Chain Triglyceride Oil (MCT) and Organic Virgin Coconut Oil, Vegetarian capsule.

**Krebs and Amino Acid chelates and complexes are highly bioavailable form of minerals. Minerals are bonded with organic acids of the Krebs cycle, or amino acids for better absorption.



Distributed by
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