

SUGGESTED USE :

As a dietary supplement, take 2 teaspoons 1-3 times a day, with or without food. May be mixed with water or other beverages. If loose stools occur, split into smaller doses or reduce dosage.

DOES NOT CONTAIN eggs, wheat, gluten, dairy, casein, yeast, corn, soy, refined sugars, artificial sweeteners, colors or flavors. Every effort has been taken to eliminate any significant sources of natural salicylates, phenols and benzoates.

Refrigerate after opening use within 3 months

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by
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BRAINCHILD
NUTRITIONALS

LIQUI-MAG

**Exceptionally Well-Absorbed
Liquid Magnesium Supplement**

DIETARY SUPPLEMENT
16oz (473 mL)

Supplement Facts

Serving Size: 2 teaspoons Serving per container: 48

Amount Per Serving	% Daily Value*	
Calories	10	
Sodium	5 mg	<1%
Total Carbohydrate	3 g	<1%
Magnesium (amino acid chelate**)	150 mg	38%

*Percent daily values based on a 2,000 calories diet.
**Daily Value not established

Other Ingredients: Purified Water, Xanthan Gum, Kosher Vegetable Glycerine, Potassium Sorbate, Citric Acid.

**Amino acid chelates ad complexes are highly bioavailable forms of minerals. Minerals are bonded with organic acids of the krebs cycle, or amino acids, for better absorption.*

