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product info



09/2024
M22285A04

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule one to four times daily, or as recommended by a healthcare practitioner.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



L01683G



**LIFE
EXTENSION®**

L-Theanine
100 mg



GLUTEN FREE



Promotes a Calming and
Mood Enhancing Effect*

60 VEGETARIAN
CAPSULES

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving % Daily Value

L-Theanine 100 mg **

**Daily Value not established.

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), silica, vegetable stearate.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309
LifeExtension.com

To report a serious adverse event or
obtain product information, contact
1-866-280-2852.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.