

SUGGESTED USE:

As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional.

The recommended dose of this product contains as much caffeine as about 1 cup of coffee. Do not consume more than 400 mg of caffeine from any source in a 24 hour period. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasional rapid heart rates. In case of accidental overdose, seek professional assistance or contact a poison control center immediately.

- **THIRD PARTY TESTED†**
- **NON-GMO†**
- **GLUTEN-FREE†**

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

NOTICE: Store in a cool, dry place.

**MADE AND QUALITY TESTED IN THE USA
WITH GLOBALLY SOURCED INGREDIENTS.**

Manufactured by: **nutricostmfg.**

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nutricost®

Caffeine with L-Theanine

100MG

Caffeine
Per Serving

100MG

L-Theanine
Per Serving

240

Servings

240 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 240

Amount Per Serving	% DV
Caffeine Anhydrous	100mg *
L-Theanine	100mg *

* Daily Value (DV) not established.

Other ingredients: Rice flour, gelatin capsule, microcrystalline cellulose, magnesium stearate (vegetable source), silica.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

